



# LAGUNA BEACH

- A Transition Area / Finish / Base Area  
First Aid / Water / Gels / Toilets
- B Monitor at El Moro Canyon / East Cut Across Intersection
- C Monitor at El Moro Ridge and East Cut Across Intersection  
Water / Gels
- D Monitor at Missing Link Trail / El Moro Ridge Intersection
- E Monitor at Fenceline Trail / Elevator Intersection  
Water / Gels / First Aid
- F Monitor at West Cut Across / No Name Ridge Intersection  
Water / Gels / First Aid
- G Monitor at No Name Ridge and Ticketron
- H Monitor at El Moro Ridge / BFI

Long Course Tri		Aquathlon	
	1500m Swim		1500m Swim
	25k MTB Course (2 loops)		6k Trail Run
	10k Run Course		13k Trail Run
Short Course Tri			6k Trail Run
	500m Swim		
	16k MTB Course (1 loop)		
	5k Run		

